



New Roots Herbal Chill Pills

NEED A REST FROM STRESS?



**All New Roots Herbal Products Are Tested
in Our ISO 17025–Accredited Laboratory**

Understanding the Nature of Stress

With the constant pressure of deadlines at work, at home, and even at play, it's not surprising that more and more people are finding it harder to cope. Stress contributes to heart disease, high blood pressure, strokes, and other illnesses, and also affects the immune system.

New Roots Herbal Chill Pills can help:

- Promote mental resourcefulness;
- Create synchronous, coherent, constructive brain activity;
- Relax the central nervous system; and
- Calm stressful conditions and facilitate critical decisions.

Holy Basil

Its primary active components—eugenol, ursolic acid, and rosmarinic acid—help regulate stress-related hypertension and calm the central nervous system.

Phellodendron

Helps support normal levels of the cortisol and DHEA hormones in the body that promote the management of stress-related symptoms; this promotes relaxation and feelings of well-being.

Astragalus

Astragalosides act as adaptogens to protect the body and mind from physical, mental, and emotional stressors.

L-Theanine

Creates an alert yet relaxed state of mind without feeling tired. Theanine has been clinically proven to reduce stress and improve your quality of sleep.

Rhodiola

An adaptogen that can help boost resistance to physical stresses.

Passionflower and Oat Extracts

They are strong relaxants and calmatives.

Magnolia

Standardized to 80% of the two potent phytochemicals honokiol and magnolol, sister compounds which modulate GABA receptors in the brain to effectively reduce stress.

Ashwagandha

A mood stabilizer that also improves the body's ability to maintain physical effort and adapt to various types of stress.

Chinese Jujube

Also called *Da Zao*, it calms the spirit and is used to treat irritability.

B-Complex Vitamins

Considered the “antistress vitamins,” they are crucial for the process of immune-cell formation. They also form part of the fabric (myelin sheath) that shields nerve fibres from stressful conditions.

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Each vegetable capsule contains:

L-Theanine	100 mg
Holy basil (<i>Ocimum tenuiflorum</i>) leaf extract, 10% ursolic acid	50 mg
Ashwagandha (<i>Withania somnifera</i>) root extract, 2.5% withanolides	75 mg
Rhodiola (<i>Rhodiola rosea</i>) root extract, 5% rosavins	50 mg
Magnolia (<i>Magnolia officinalis</i>) bark 50:1 extract, 80% magnolol + honokiol	7.5 mg
Phellodendron (<i>Phellodendron amurense</i>) bark extract, 0.1% berberine	15 mg
Vitamin B1 (thiamine hydrochloride)	25 mg
Vitamin B2 (riboflavin, riboflavin-5'-phosphate sodium)	27.5 mg
Vitamin B3 (niacinamide)	7.5 mg
Inositol hexanicotinate, flush-free (vitamin B3)	17.5 mg
Vitamin B5 (calcium D-pantothenate)	25 mg
Vitamin B6 (pyridoxine hydrochloride / pyridoxal-5'-phosphate)	27.5 mg
Folate (from calcium L-5-methyltetrahydrofolate)	500 mcg
Vitamin B12 (methylcobalamin)	75 mcg
Passionflower (<i>Passiflora incarnata</i>) extract, 4% flavonoids	50 mg
Oat (<i>Avena sativa</i>) 10:1 extract	50 mg
<i>para</i> -Aminobenzoic acid (PABA)	25 mg
Astragalus (<i>Astragalus membranaceus</i>) root extract, 3% astragalosides	25 mg
Choline bitartrate	25 mg
Inositol (<i>myo</i> -inositol)	25 mg
D-Ribose	25 mg
Chinese jujube (<i>Ziziphus jujuba</i>) fruit	12.5 mg
Biotin	37.5 mcg

Other ingredients:

Microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of carbohydrate gum and purified water.

V0324-R7 · NPN 80084696

Directions of use:

Adults: Take 2 capsules daily with food or as directed by your health-care practitioner. Not to be taken immediately before bedtime. If you are taking other medications, take this product a few hours before or after them.

Duration of use:

Consult a health-care practitioner for use beyond 4 weeks.

Manufactured under strict GMP (Good Manufacturing Practices).

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